# CASES TECHNICAL SPECIAL INTEREST GROUP
# November 2024 - November 2026

## Evaluating Impact through Self-Assessment & Future Action Planning
## Section Three

***'The Technician Commitment aims to ensure visibility, recognition, career development and sustainability for technical staff across higher education and research. Please tell us of any initiatives your organisation already had in place or has put in place to address these themes since becoming a supporter of the Technician Commitment'***




**November 2024**
Delivery of the conference workshop "Revealing the Hidden Workforce: Empowering Technicians within CASES" at the CASES Conference in Nov 2024. Director Ian Wilson and Chair Prof. Zoe Knowles, who were in attendance, acknowledged the importance of technicians to sport science and approved the launch of the TSIG.

Prior to this moment, the word 'technician' had not appeared on the CASES website.

**December 2024**
Establishment of the CASES Technical Special Interest Group (TSIG) in November 2024 to provide a dedicated community for technicians and those who support technical staff.

Initially we started with 17 members of the TSIG and have since grown to:

- 18 advisory group members
- 82 active TSIG members
- 99 mailing list members

### BASES announces a new Special Interest Group – Technical

**2nd December 2024**

BASES is pleased to announce the new **Technical Special Interest Group** co-convened by Amelia Dingley and Ash Osborne.

The Technical Special Interest Group (TSIG) will empower technicians and strengthen their role with BASES and the broader sport and exercise sciences community. This will be achieved by enhancing the visibility, development and recognition of technical staff across sport and exercise sciences. The TSIG is open to all who seek to empower and support technical staff. This includes, but is not limited to, technicians, academics, and managers.

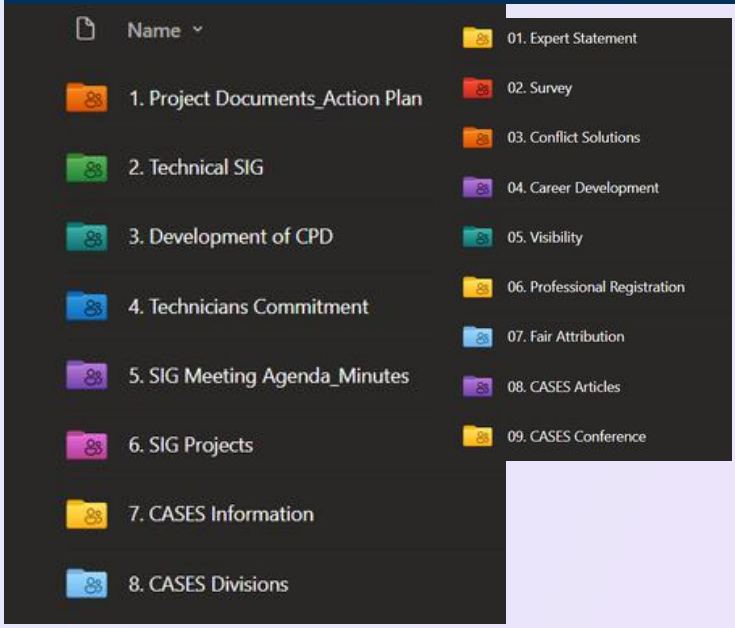
**The Technical SIG's key objectives are:**

- *Promote Recognition and Visibility*: Advocate for the acknowledgment of technical staff critical roles in supporting teaching, research, and innovation. We will break the 'invisible workforce' stigma and elevate the technicians' contributions.
- *Foster Professional Development:* Provide opportunities for technical staff to enhance their skills and knowledge through training, workshops, and CPD. The SIG will support technicians in sharing best practices and advancing their careers.
- *Encourage Inclusion and Representation:* Ensure technicians have a voice within BASES by promoting their representation at all levels, including conference presentations, Board discussions, and decision-making processes. The SIG will create a platform for technicians to influence and contribute to the future of sport and exercise sciences.
- *Facilitate Knowledge Exchange:* Create a collaborative network of technicians, where SIG members can share expertise, challenges, and solutions. This includes engagement with academic colleagues and other stakeholders to promote a greater understanding of the importance of technical roles.

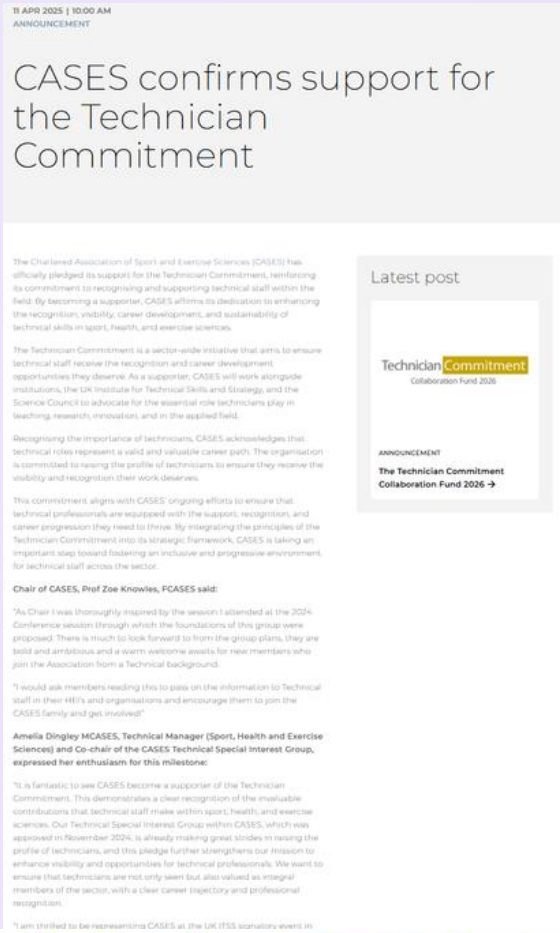
Please share this exciting update with colleagues. For those colleagues who are not currently a BASES member, they can contact amelia.dingley@brunel.ac.uk to be added to a mailing list to receive updates and information. BASES members can opt in to communications from the Technical SIG via their Member Profile (in the Members' Area) to receive updates and information on how to get more involved.





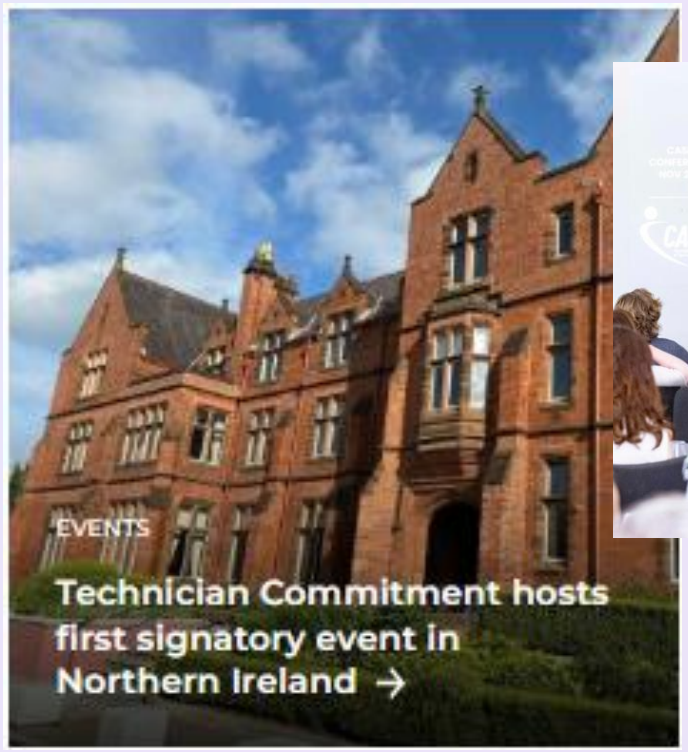

**February 2025**
TSIG advisory group formed with a structure to TSIG. Advisory group meets monthly online and shares updates on projects.







**April 2025**
Articles released by CASES and Technician Commitment
CASES signed up as a supporter of the Technician Commitment.







**April 2025**
Representation of CASES at the Technician Commitment Signatory Event, promoting the role of technicians within SHES and sharing emerging sector activities.

Amelia Dingley presented the work of TSIG
CASES funded travel/accommodation

**September 2025**
Successfully delivered the first dedicated event for technicians within sport, health and exercise sciences, creating a national platform for networking, collaboration, and the sharing of best practice across the UK and Ireland. Through securing £5,000 of external funding, the event was offered free of charge and supported 10 travel bursaries, removing financial barriers and enabling broader participation.

The event brought together 60+ technicians, suppliers and sector advocates, with 10+ supplier exhibitors, a keynote address from Dr Kelly Vere MBE, panel discussions, and interactive roundtable sessions. A particular highlight was the ‘Battle of the Techs’ team challenge, where participants worked collaboratively to design and construct a bridge capable of supporting a remote-controlled vehicle. The activity encouraged teamwork, problem-solving, creativity, and knowledge exchange, whilst showcasing the diverse technical skills present across the community.

The success of the event demonstrated a clear demand for technician-focused development opportunities and established a strong foundation for a connected, visible, and engaged technical community within the sector.





CASES

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# Celebrating Contribution - CASES Volunteer of the Year Awards 2025

## 25th September 2025

The CASES Board is delighted to announce its winners of the Volunteer of the Year Awards 2025.

The awards were established to recognise all the hard work and dedication from all the volunteers working on behalf of the Association.

Following the promotion of the awards during Volunteering Week in June, a sub-board reviewed the applications and agreed on the following winners:

CASES Volunteer of the Year 2025 - Dr Ash Willmott MCASES (Anglia Ruskin University)

CASES Volunteer (Committee Member) 2025: Winner – Amelia Dingley MCASES (Brunel University of London); Runner-up – Prof John Dickinson FCASES (University of Kent)

**Meet the winners**



**Amelia Dingley MCASES (Brunel University of London)**



"Since launching the Technical Special Interest Group at CASES in November 2024, I've had the privilege of co-chairing the group and working with a brilliant advisory team of technical colleagues from across the UK and Ireland. The group brings a wide range of expertise, experiences, and perspectives, and together, we're working to ensure technical roles are recognised as essential to enabling teaching, research, and innovation across the sector.

"Volunteering with CASES has given me the opportunity to highlight the importance of technical roles, creating initiatives that make the work of technical colleagues visible, recognised, and valued, while shaping a supportive and sustainable landscape for technicians to thrive. A highlight this year was seeing CASES become a supporter of the Technician Commitment in April, followed by our September launch event which brought together over 60 technicians, suppliers, and supporters of technicians.

"I'm incredibly grateful to everyone who has supported and championed our projects, particularly to the fantastic TSIG advisory group, CASES and Dr John Fernandes, Dr Tori Sprung, Dr Sanjoy Deb and Chris Stock whom, supported my ideas from the very start.

"Winning the Volunteer of the Year (Committee Member) award means a great deal, not just personally, but because it reflects the collective effort and impact of our advisory group."

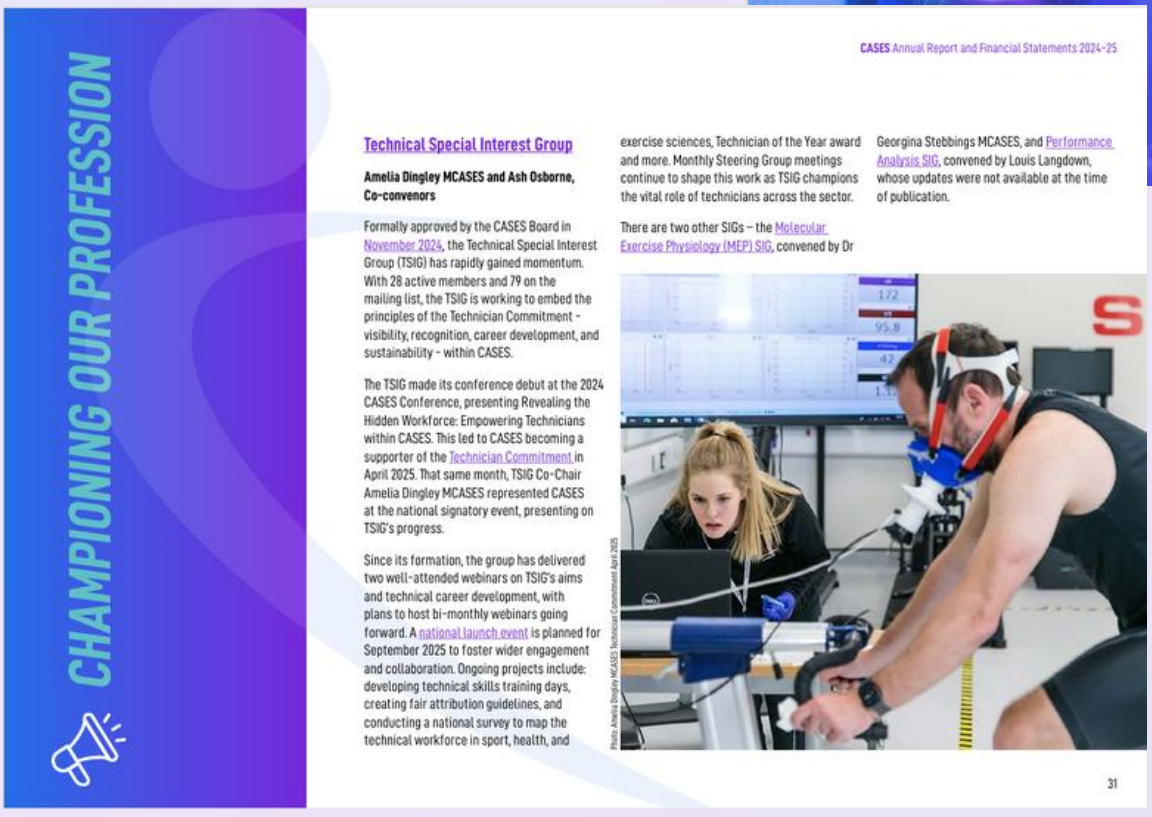
**September 2025**

Technical work celebrated through CASES Volunteer of the Year Awards. Article on the CASES website for visibility.

**September 2025**

The Technical Special Interest Group (TSIG) was featured in the CASES Annual Report and Financial Statements 2024-2025 for the first time, marking an important milestone in recognising the group's contribution to the sport and exercise sciences community. The report included an annual summary of TSIG activities, highlighting its growing impact in supporting technician development, networking, and professional engagement across the sector.



CHAMPIONING OUR PROFESSION

CASES Annual Report and Financial Statements 2024-25

## Technical Special Interest Group

**Amelia Dingley MCASES and Ash Osborne, Co-convenors**

Formally approved by the CASES Board in November 2024, the Technical Special Interest Group (TSIG) has rapidly gained momentum. With 28 active members and 79 on the mailing list, the TSIG is working to embed the principles of the Technician Commitment - visibility, recognition, career development, and sustainability - within CASES.

The TSIG made its conference debut at the 2024 CASES Conference, presenting Revealing the Hidden Workforce: Empowering Technicians within CASES. This led to CASES becoming a supporter of the Technician Commitment in April 2025. That same month, TSIG Co-Chair Amelia Dingley MCASES represented CASES at the national signatory event, presenting on TSIG's progress.

Since its formation, the group has delivered two well-attended webinars on TSIG's aims and technical career development, with plans to host bi-monthly webinars going forward. A national launch event is planned for September 2025 to foster wider engagement and collaboration. Ongoing projects include: developing technical skills training days, creating fair attribution guidelines, and conducting a national survey to map the technical workforce in sport, health, and exercise sciences, Technician of the Year award and more. Monthly Steering Group meetings continue to shape this work as TSIG champions the vital role of technicians across the sector.

There are two other SIGs – the Molecular Exercise Physiology (MEP) SIG, convened by Dr Georgina Stebbings MCASES, and Performance Analysis SIG, convened by Louis Langdown, whose updates were not available at the time of publication.



Photo: Amelia Dingley MCASES Technician Commitment April 2025

**September 2025**
Lab accreditation guidelines updated to allow non-CASES-accredited members, i.e. technicians, to become lab directors of their facilities.

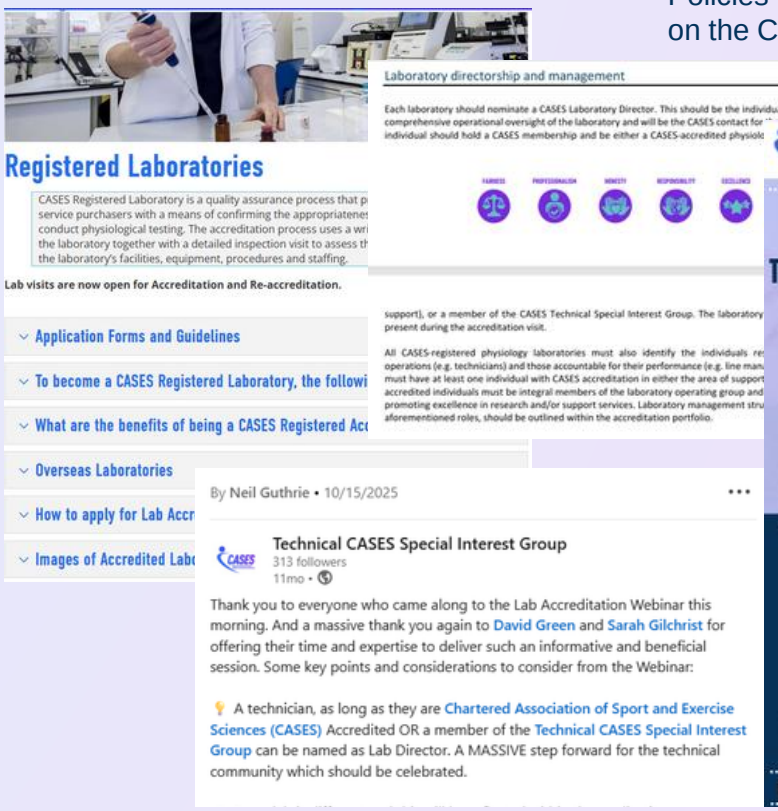
Previously, laboratory directors needed to hold a CASES accreditation, which is challenging for technicians to acquire. This meant that others, such as academics holding their own accreditation, could become lab directors instead of the technician managing the lab/leading the lab accreditation process.

This enables the recognition and sustainability of technical roles.




News article released on the CASES website, increasing visibility.

Policies updated and held on the CASES website.







**October 2025**
Online webinar held on laboratory accreditation process to highlight the changes. Visibility increased through LinkedIn posts/CASES article.




**October 2025**
Launch of our bi-monthly CASES TSIG online coffee catch-up, creating an informal space for technicians to meet, network and discuss activity in their spaces. Open to all CASES members and non-members.

**October 2025**
Visibility of TSIG work through contributing to the Technically Edinburgh podcast.




Technically Edinburgh

## CASES Technical Special Interest Group with Amelia Dingley and Neil Guthrie

September 03, 2025 • Technically Edinburgh • Season 2 • Episode 4 Share

00:00 | 29:40

A podcast by Technicians, all about Technicians at the University of Edinburgh.

**October 2025**
CASES TSIG website in place for members and non-members

Home ▸ Resources ▸ CASES Technical Special Interest Group (TSIG)

## CASES Technical Special Interest Group (TSIG)

The Technical Special Interest Group (TSIG) was created in 2024 by co-chairs Amelia Dingley MCASES (Technical Manager at Brunel University) and Ash Osborne (Technician at Lancaster University) to empower technicians and strengthen their role within CASES and the broader sport and exercise sciences community. This will be achieved by enhancing the visibility, development and recognition of technical staff across sport and exercise sciences. The TSIG is open to all who seek to empower and support technical staff. This includes, but is not limited to, technicians, academics, and managers.

Other current TSIG advisory members include; Neil Guthrie (Edinburgh Napier University), Hannah Divall (Nottingham Trent University), Bill Norton (University of Brighton), Romain Denis MCASES (Dublin City University), Finlay Wright (Heriot Watt University), Robert Hunter (University of Durham), Ryan Stewart (University College Dublin) and David Green (UK Sport Institute).

Our Mission is to ensure that technical professionals are equipped with the support, recognition, and career progression they need to thrive. By integrating the principles of the Technician Commitment into its strategic framework, CASES is taking an important step toward fostering an inclusive and progressive environment for technical staff across the sector.

- Technical SIG's Key Objectives
- How to Become a Member
- Ongoing Projects – Sub-Groups
- Resources
- CPD – Career Development
- Social Media Feed
- Contacts
- Links and Community Chats
- Suppliers and Sponsors

**November 2025**
Established and consistent social media campaign on our TSIG LinkedIn page promoting the work of technicians, TSIG initiatives, and turning technicians' voices into action through highlighting the work of the TSIG.















**November 2025**
Ash Osborne and Billy Norton presented at the CASES Heads of Department Forum in November 2025. This forum was made up of heads of department and staff members from all the institutions that provide Sport and Exercise Science courses across the UK. In this presentation, they talked about what the Technical Special Interest Group is and what it does, as well as why it is important. They also asked members there to share details of the group with technical staff and academics at their universities to encourage as many as possible to get involved.




**November 2025**
Introduction of a requirement for technical representation within the CASES Teaching and Learning Division in April 2026, ensuring technician perspectives contribute to decision-making and strategic discussions. Article on the CASES website.




**December 2025**
Publication of technician-led articles and contributions within The Sport & Exercise Scientist magazine. Article on inclusive laboratory environments within the Winter Edition.



## Science Council Recognition Award and Nomination for CASES Members

**5th December 2025**

The Science Council's annual Celebration of Science took place on Tuesday 2 December 2025, bringing together professionals from across the scientific landscape to recognise the individuals and organisations who are driving progress, championing professionalism, and elevating the science workforce.

Each year, the event provides an invaluable opportunity to celebrate excellence, share ideas, and acknowledge the remarkable contributions that strengthen the scientific community.



This year, CASES Fellow and Chartered Scientist, Professor Andy Lane FCASES was awarded the Chartered Scientist (CSci) Award. This award was presented to Andy to celebrate his contribution as 'an outstanding scientist who exemplifies true professionalism in their field'.

Registrant Recognition Award Winners are current registrants who have demonstrated excellence in a wide range of areas, from promoting professional registration and mentoring others, to excelling in Continuing Professional Development and championing fairness, equality and inclusiveness.

Andy said,

"The Science Council award is a tremendous honour, especially given the strength of competition across the scientific workforce. It's a real pleasure to be recognised for work that reflects. I'm proud to contribute to a community that continues to raise standards and develop the next generation of sport and exercise scientists."

All nominees for the awards were recognised for their exceptional dedication, professional excellence and a commitment to advancing science for societal benefit.

CASES Member, Amelia Dingley MCASES and Joint Chair of the CASES Technical Special Interest Group was a recognised nominee at the celebration event.

Amelia said,

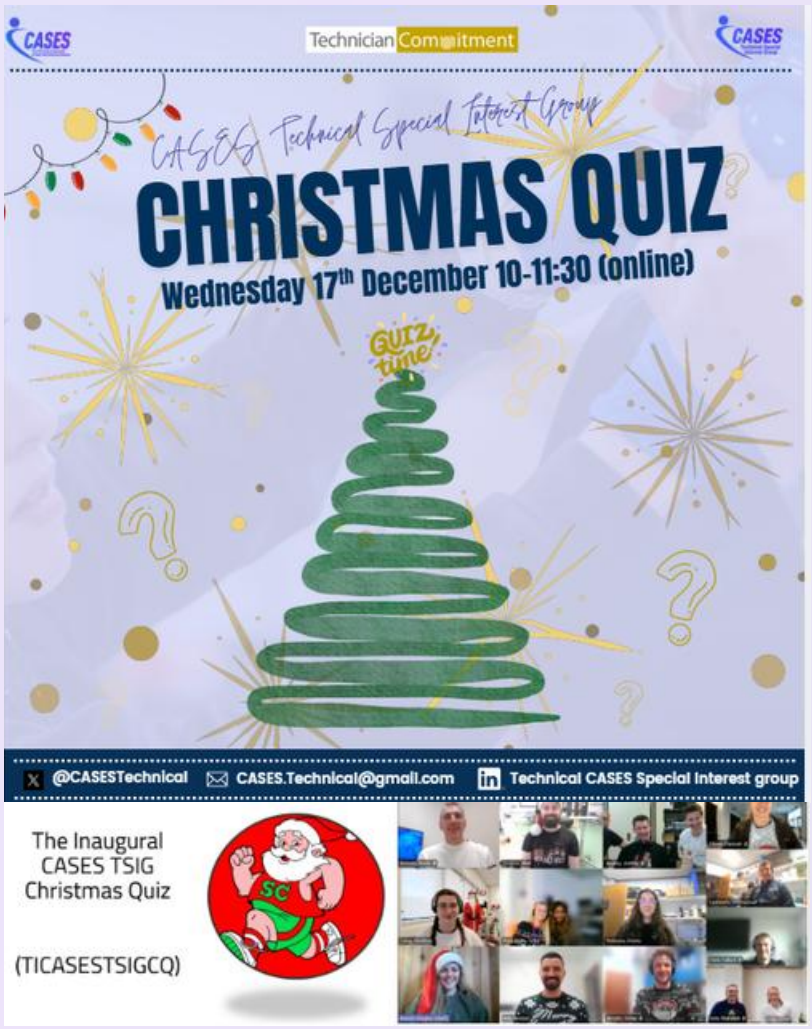
"It is such an honour to have been nominated by CASES for the CSci Award at the Science Council's Celebration of Science. This recognition reflects the collective achievements of our Technical Special Interest Group since coming together just 12 months ago, it means a great deal to see the contribution of technicians acknowledged in this way. Celebrating the successes of colleagues across science was inspiring, and I'd like to extend my congratulations to Andy on his award."

Find out more about the awards and The Science Council.

*Prof Andy Lane FCASES and Amelia Dingley MCASES at the Science Council's Celebration event.*

**December 2025**

Promoting technician achievements through nominations for awards such as the Science Council Recognition Award. Technical member Amelia Dingley was recognised at the event. Article on the CASES website for visibility.




**December 2025**

CASES TSIG Christmas Quiz to bring technicians together, open to all technicians (CASES members/non-members).




**December 2025**

CASES TSIG presentation to CASES Fellows at CASES Fellows Gathering Online event, highlighting what Fellows can do to enable technicians within CASES and their institutions.

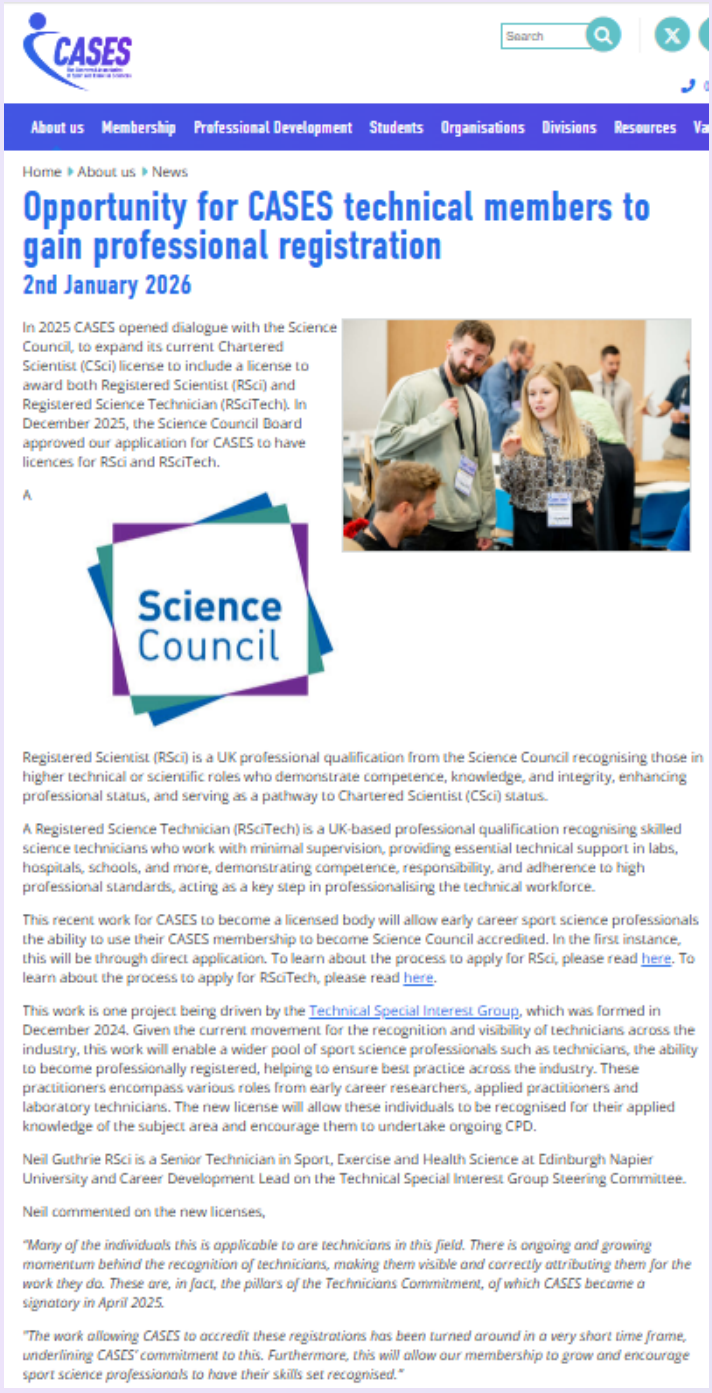
**January 2026**
CASES secured Licensed Body status to award Registered Scientist (RSci) and Registered Science Technician (RSciTech) professional registrations from January 2026. This means technicians don't need to sign up to a different governing body for professional registration.

In addition, CASES has been supporting technicians to pursue professional recognition through Science Council registration pathways via specific workshops.

**CASES AWARDED TWO NEW LICENSES BY THE SCIENCE COUNCI**

In December, the Science Council Board approved the application for CASES to have licences for Registered Scientist and Registered Science Technician, alongside that for Chartered Scientist. Commenting on the new licenses, Neil Guthrie RSci, Career Development Lead on the Technical Special Interest Group Steering Committee, said, "There is ongoing and growing momentum behind the recognition of technicians, making them visible and correctly attributing them for the work they do. These are, in fact, the pillars of the Technicians Commitment, of which CASES became a signatory in April 2025 The work allowing CASES to accredit these registrations has been turned around in a very short time frame, underlining CASES' commitment to this. Furthermore, this will allow our membership to grow and encourage sport science professionals to have their skills set recognised."

News shared in The Sport and Exercise Scientist Magazine



Home ▸ About us ▸ News

## Opportunity for CASES technical members to gain professional registration

**2nd January 2026**

In 2025 CASES opened dialogue with the Science Council, to expand its current Chartered Scientist (CSci) license to include a license to award both Registered Scientist (RSci) and Registered Science Technician (RSciTech). In December 2025, the Science Council Board approved our application for CASES to have licences for RSci and RSciTech.

Registered Scientist (RSci) is a UK professional qualification from the Science Council recognising those in higher technical or scientific roles who demonstrate competence, knowledge, and integrity, enhancing professional status, and serving as a pathway to Chartered Scientist (CSci) status.

A Registered Science Technician (RSciTech) is a UK-based professional qualification recognising skilled science technicians who work with minimal supervision, providing essential technical support in labs, hospitals, schools, and more, demonstrating competence, responsibility, and adherence to high professional standards, acting as a key step in professionalising the technical workforce.

This recent work for CASES to become a licensed body will allow early career sport science professionals the ability to use their CASES membership to become Science Council accredited. In the first instance, this will be through direct application. To learn about the process to apply for RSci, please read here. To learn about the process to apply for RSciTech, please read here.

This work is one project being driven by the Technical Special Interest Group, which was formed in December 2024. Given the current movement for the recognition and visibility of technicians across the industry, this work will enable a wider pool of sport science professionals such as technicians, the ability to become professionally registered, helping to ensure best practice across the industry. These practitioners encompass various roles from early career researchers, applied practitioners and laboratory technicians. The new license will allow these individuals to be recognised for their applied knowledge of the subject area and encourage them to undertake ongoing CPD.

Neil Guthrie RSci is a Senior Technician in Sport, Exercise and Health Science at Edinburgh Napier University and Career Development Lead on the Technical Special Interest Group Steering Committee.

Neil commented on the new licenses,

*"Many of the individuals this is applicable to are technicians in this field. There is ongoing and growing momentum behind the recognition of technicians, making them visible and correctly attributing them for the work they do. These are, in fact, the pillars of the Technicians Commitment, of which CASES became a signatory in April 2025.*

*"The work allowing CASES to accredit these registrations has been turned around in a very short time frame, underlining CASES' commitment to this. Furthermore, this will allow our membership to grow and encourage sport science professionals to have their skills set recognised."*

News article on the CASES website



Home ▸ Professional Development ▸ Accreditation and Endorsement ▸ Registered Science Technician (RSciTech)

## Registered Science Technician

Registered Science Technicians work with minimal supervision in technical roles, delivering essentia scientific services and support within laboratories, schools and universities, hospitals and in many workplaces. CASES is a Licensed Member Body of the Science Council, enabling us to award Registe Science Technician status to members who meet the criteria.

What are the benefits of gaining Registered Science Technician status?

**Benefits to CASES members** - Registration acknowledges your knowledge and experience, alongsi any additional qualifications you hold. Professional registration recognises on-the-job experience a demonstrates your level of competence as a practising scientist. It also reflects your commitment t integrity, public interest, and responsibility to others.

**Benefits to your employer** – Registration is a mark of quality and competence that is sought after employers. It commits you to standards of integrity and professionalism, as well as engagement wit both personal and professional development.

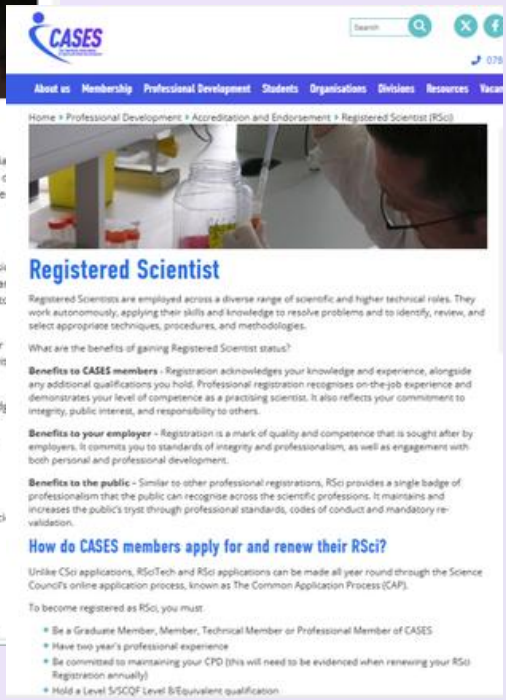
**Benefits to the public** – Similar to other professional registrations, RSciTech provides a single badg professionalism that the public can recognise across the scientific professions. It maintains and increases the public's trust through professional standards, codes of conduct and mandatory re-validation.

### How do CASES members apply for and renew their RSciTech?

Unlike CSci applications, RSciTech and RSci applications can be made all year round through the Sci Council's online application process, known as The Common Application Process (CAP).

To become registered as RSciTech, you must:

- Be a member of CASES at any level
- Have one year's professional experience
- Be committed to maintaining your CPD (this will need to be evidenced when renewing your



Home ▸ Professional Development ▸ Accreditation and Endorsement ▸ Registered Scientist (RSci)

## Registered Scientist

Registered Scientists are employed across a diverse range of scientific and higher technical roles. They work autonomously, applying their skills and knowledge to resolve problems and to identify, review, and select appropriate techniques, procedures, and methodologies.

What are the benefits of gaining Registered Scientist status?

**Benefits to CASES members** - Registration acknowledges your knowledge and experience, alongside any additional qualifications you hold. Professional registration recognises on-the-job experience and demonstrates your level of competence as a practising scientist. It also reflects your commitment to integrity, public interest, and responsibility to others.

**Benefits to your employer** – Registration is a mark of quality and competence that is sought after by employers. It commits you to standards of integrity and professionalism, as well as engagement with both personal and professional development.

**Benefits to the public** – Similar to other professional registrations, RSci provides a single badge of professionalism that the public can recognise across the scientific professions. It maintains and increases the public's trust through professional standards, codes of conduct and mandatory re-validation.

### How do CASES members apply for and renew their RSci?

Unlike CSci applications, RSciTech and RSci applications can be made all year round through the Science Council's online application process, known as The Common Application Process (CAP).

To become registered as RSci, you must:

- Be a Graduate Member, Member, Technical Member or Professional Member of CASES
- Have two year's professional experience
- Be committed to maintaining your CPD (this will need to be evidenced when renewing your RSci Registration annually)
- Hold a Level 5/SCQF Level 8/Equivalent qualification

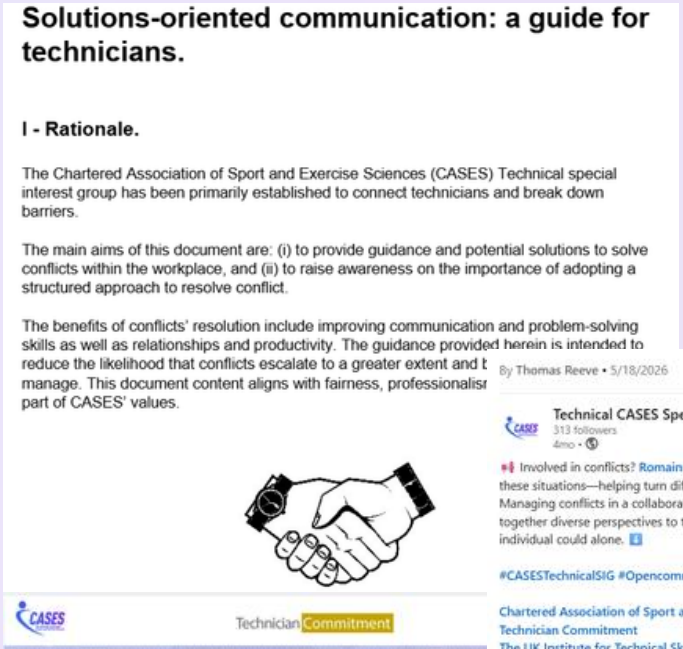
Visibility on the CASES website of RSciTech and RSci

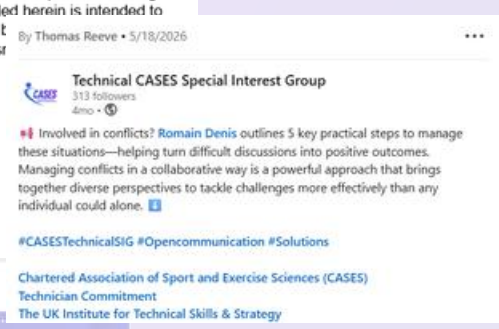



**January 2026**
Online webinar on Technical Careers

**March 2026**
Development of guidance and resources supporting fair and effective collaboration between technical and academic staff, including a conflict-resolution user guide. A webinar was delivered to share the work within these areas and open the conversation. Resources available on the CASES website. This work advocates for greater recognition of technician contributions within research, teaching and service delivery activities within a positive working environment.







Resources promoted on CASES TSIG LinkedIn

**April 2026**
CASES promoting and supporting the submission of THE Outstanding Technician Award nominations. Committed to nominating two or more technicians.



**THE Outstanding Technician Award – nominations encouraged**

*21st April 2026*

The Technician Commitment is the proud sponsor of the Outstanding Technician of the Year category at the Times Higher Education (THE) Awards 2026. As a supporter of The Technician Commitment initiative, the CASES...

**April 2026**
CASES promoting TSIG events through news articles.

**CASES Technical Special Interest Group catch-up session**

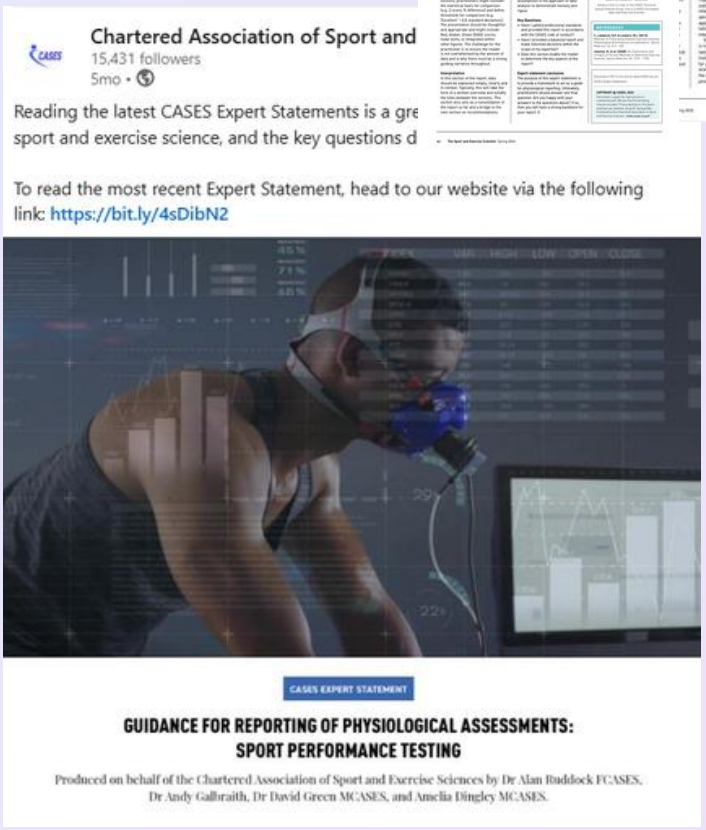
*15th April 2026*

Thank you for your new or continued interest in the CASES Technical Special Interest Group. We are delighted to invite you to our next Coffee Catch up on Wednesday 13 May 2026 at 1pm. At this session, we will hear from...

**April 2026**
Technical contribution to CASES Expert Statements.

Published in The Sport and Exercise Scientist Magazine, and promoted via LinkedIn by CASES.





Chartered Association of Sport and
15,431 followers
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Reading the latest CASES Expert Statements is a gre
sport and exercise science, and the key questions d

To read the most recent Expert Statement, head to our website via the following link: https://bit.ly/4sDibN2

CASES EXPERT STATEMENT

**GUIDANCE FOR REPORTING OF PHYSIOLOGICAL ASSESSMENTS: SPORT PERFORMANCE TESTING**

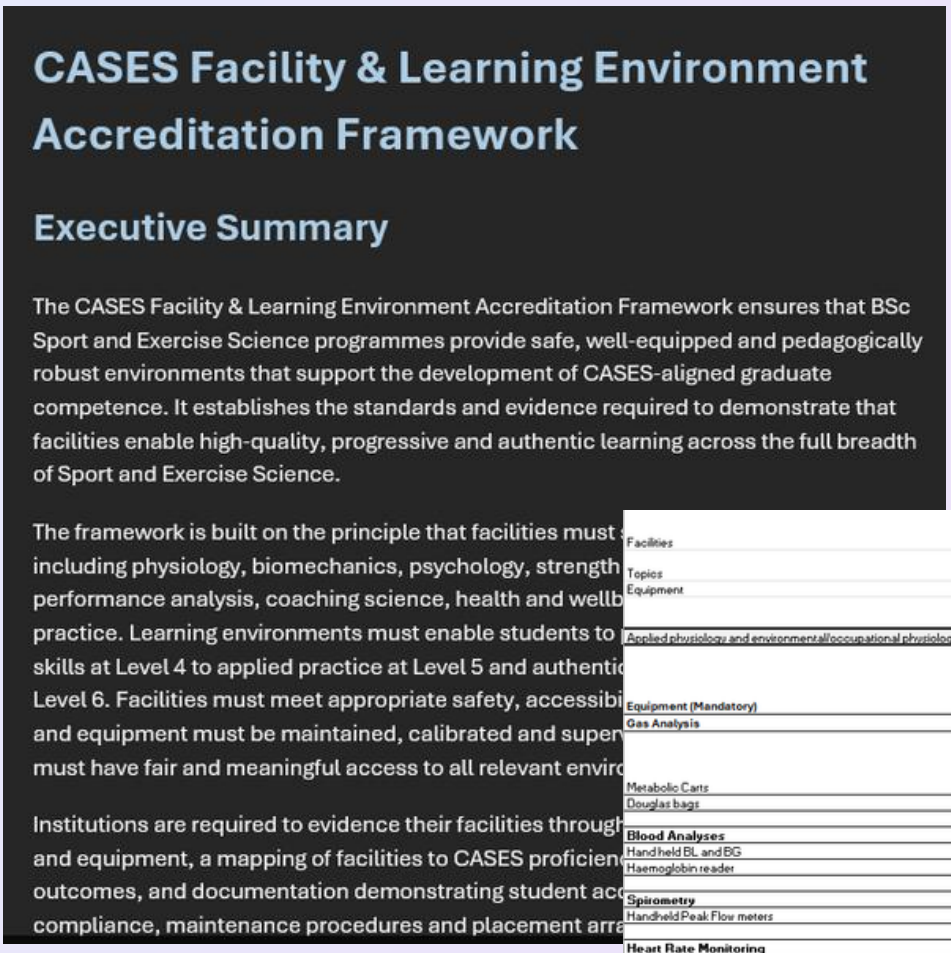
Produced on behalf of the Chartered Association of Sport and Exercise Sciences by Dr Alan Ruddock FCASES, Dr Andy Galbraith, Dr David Green MCASES, and Amelia Dingley MCASES.

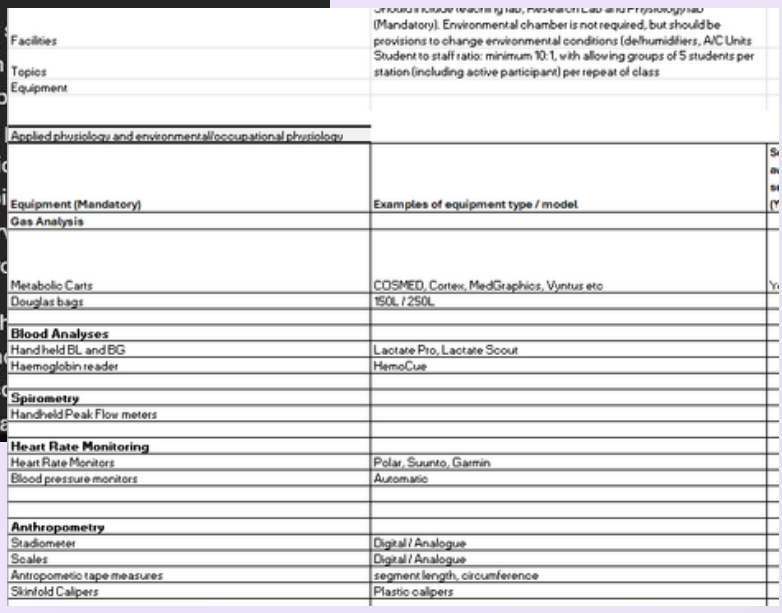



**April 2026**
Launched an ethics-approved national survey to better understand the technical landscape within sport and exercise sciences, generating insights from more than 90 technicians across the sector. The findings provide an important evidence base to inform future TSIG activities, support advocacy for technical professionals, and identify priorities for workforce development, recognition, and support.

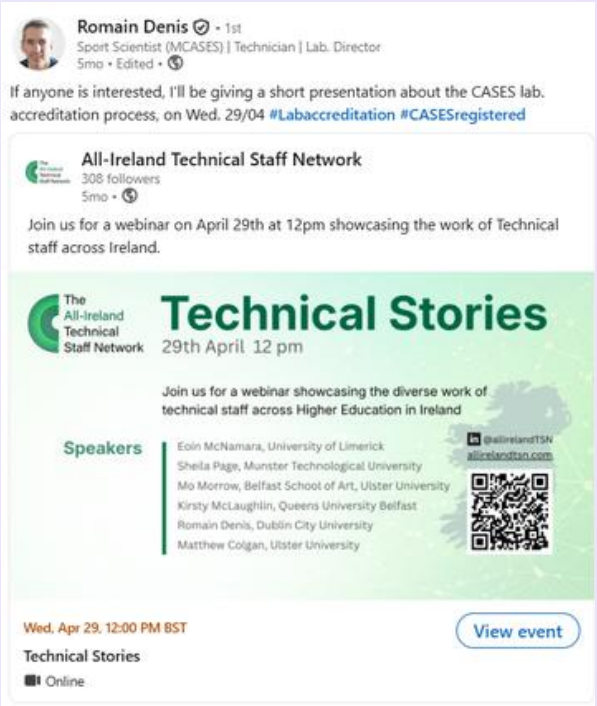


**April 2026**
Technical representation on the Degree Accreditation Working Group. In addition, a Facilities & Learning Environment Accreditation Framework Group was launched, consisting of 15+ technicians across all disciplines within sport and exercise sciences. The aim of this group is to provide safe, well-equipped and pedagogically robust environments that will support the development of a CASES-aligned graduate competency programme. The group will stipulate the equipment required within laboratory spaces, competencies needed and recommendations on the learning environment such as how many students per station of equipment etc. The group will also promote fair attribution and working conditions for technicians within sport and exercise science e.g. technicians being timetabled for the practicals they teach, fair attribution of work etc.



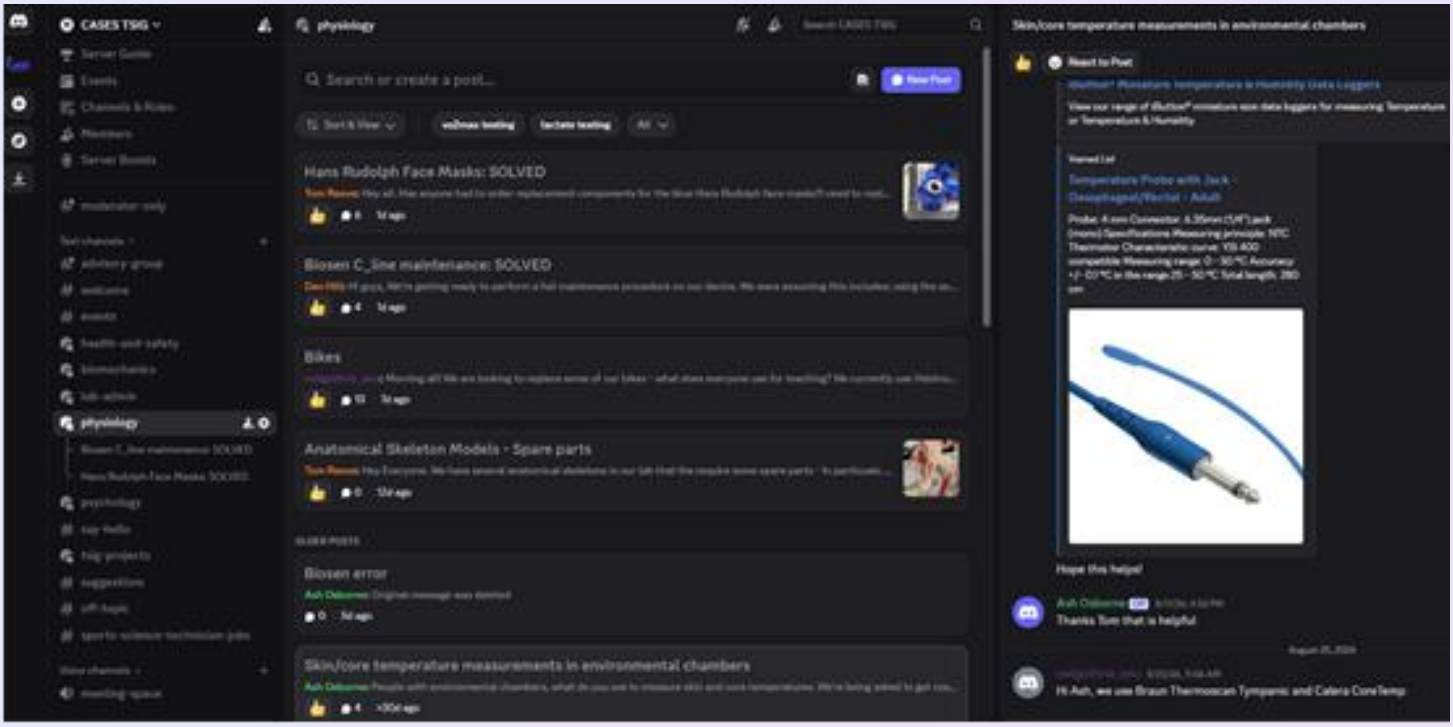



| | |
|---|---|
| Facilities | (Mandatory). Environmental chamber is not required, but should be provisions to change environmental conditions (dehumidifiers, A/C Units |
| Topics | Student to staff ratio: minimum 10:1, with allowing groups of 5 students per station (including active participant) per repeat of class |
| Equipment | |
| Applied physiology and environmental/occupational physiology | |
| **Equipment (Mandatory)** | **Examples of equipment type / model** |
| **Gas Analysis** | |
| Metabolic Carts | COSMED, Cortex, MedGraphics, Vyntus eto |
| Douglas bags | 150L / 250L |
| **Blood Analyses** | |
| Handheld BL and BG | Lactate Pro, Lactate Scout |
| Haemoglobin reader | HemoCue |
| **Spirometry** | |
| Handheld Peak Flow meters | |
| **Heart Rate Monitoring** | |
| Heart Rate Monitors | Polar, Suunto, Garmin |
| Blood pressure monitors | Automatic |
| **Anthropometry** | |
| Stadiometer | Digital / Analogue |
| Scales | Digital / Analogue |
| Antropometic tape measures | segment length, circumference |
| Skinfold Calipers | Plastic calipers |




**April 2026**
Promoted the work of sport, health and exercise sciences technicians through the TSIG LinkedIn network, highlighting Romain Denis's presentation to the All-Ireland Technical Staff Network on the CASES Laboratory Accreditation Process. This showcased technical expertise, supported cross-sector knowledge sharing, and raised the profile of technicians within the wider community.

As part of our commitment to championing the profession, we consciously use our LinkedIn platform to promote and celebrate the achievements, expertise and impact of technicians across the sector, with this being one example of the many contributions highlighted.




**May 2026**

Launch of the TSIG Discord channel. This aims to create a virtual space for technicians to discuss and share good practice, skills, knowledge transfer and communicate/network with the wider Sport, Health, and Exercise Science technical community.




**May 2026**

Second round of TSIG technician profiles shared on LinkedIn, showcasing new members and the important work they are contributing to the TSIG. This initiative helps raise the profile of technicians, increase visibility of their contributions and strengthen engagement across the community.




**May 2026**

Collaboration with the UK Institute for Technical Skills & Strategy (UKITSS) Festival, contributing to sector-wide discussions on technician careers within sport and exercise science. This partnership provided an opportunity to showcase diverse technical career pathways, share experiences from across the community, and raise awareness of the valuable contributions technicians make to teaching, research and innovation. The session helped promote technical careers to a wider audience while strengthening the visibility of technicians working within sport, health and exercise sciences.



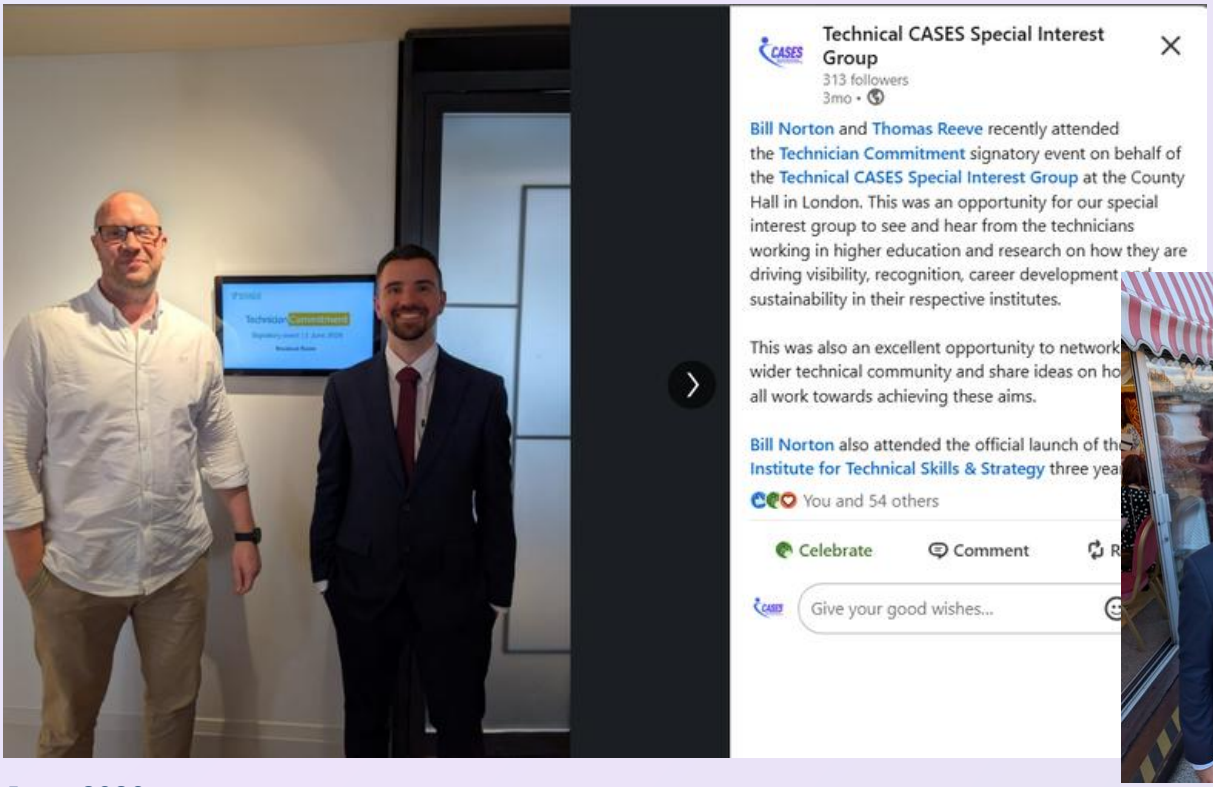

**May 2026**
Informal coffee catch-ups with TSIG featuring a Q&A with CASES Chair Prof. Zoe Knowles.

**June 2026**
CASES TSIG submitted a nomination for a technical member to CASES Volunteer of the Year 2026. TSIG's intention is to nominate at least one technician per year for this award.

## CASES Volunteer of the Year 2026 – Nominations Open

*1st June 2026*

The CASES Volunteer of the Year Award 2026 opens its nominations window today, at the start of Volunteers' Week 2026. Volunteers' Week is a national annual celebration of the millions of people who volunteer...






**June 2026**
CASES representation at Technician Commitment Signatory Event in London, funded by CASES.

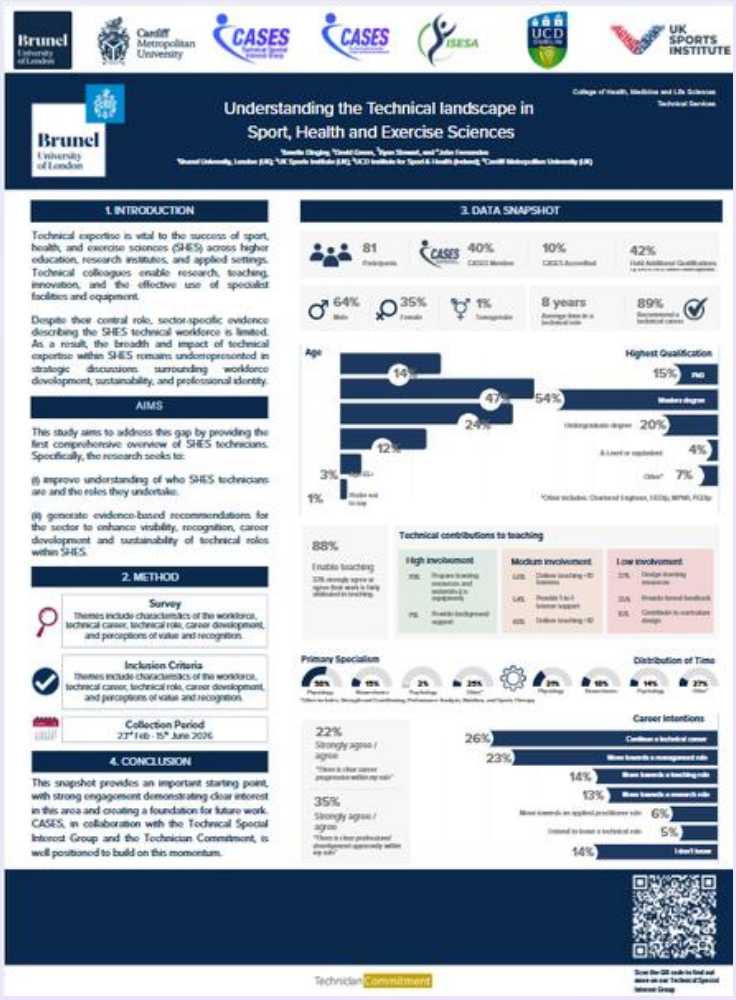
**June 2026**

Integration of technician-focused activities across CASES conferences, professional development programmes and member communications has helped ensure technicians are increasingly represented and engaged within the wider CASES community. At the CASES Conference in November 2023, only a small number of technicians were in attendance. This highlighted the need for greater visibility, representation and opportunities for technicians within the organisation and acted as a catalyst for TSIG Co-Founder, Amelia Dingley, to begin the work of establishing a dedicated technician network within CASES.




By the 2024 CASES Conference, technician engagement had grown, with approximately eight technicians attending and TSIG delivering its first dedicated one-hour satellite session. Building on this momentum, the 2025 CASES Conference saw more than 15 technicians in attendance, with technicians contributing across the programme through four dedicated technician-focused activities, networking opportunities and presentations showcasing their work and expertise. This growth demonstrates the increasing visibility, engagement and recognition of technicians within the CASES community.



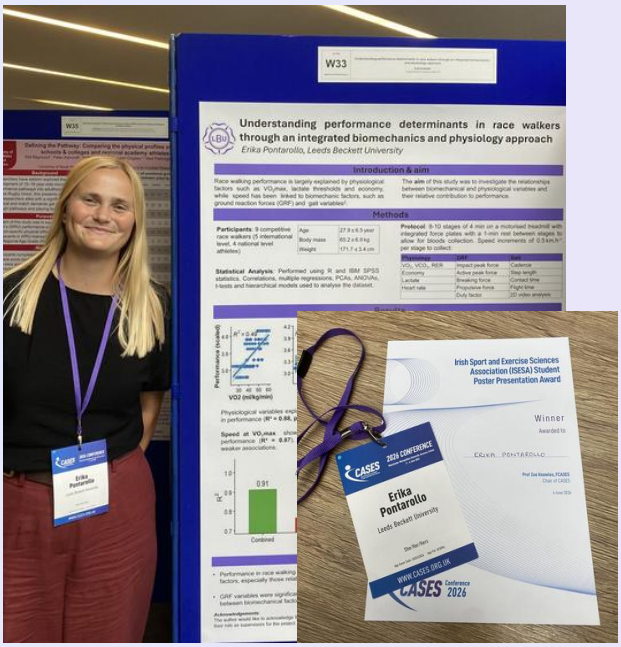




At the conference, TSIG delivered a dedicated one-hour satellite session attended by eight delegates, including CASES Chair Professor Zoe Knowles. We also facilitated a technician networking meetup, providing an opportunity for technicians to connect, share experiences and build professional relationships.




Amelia Dingley and Dr Robert Hunter delivered a presentation entitled Preparing for REF 2028: Technical Expertise and Development as an Enabler in Sport and Exercise Sciences. The session opened important discussions around the contribution of technical professionals to research excellence, the importance of fair attribution and recognition, and the opportunities presented through the People, Culture and Environment (PCE) element of REF. By bringing these topics to the forefront, the presentation helped raise awareness of the critical role technicians play in supporting and enabling high-quality research across the discipline.

Amelia Dingley also presented a conference poster highlighting the findings of the TSIG's national survey on the technical landscape within sport and exercise science. This increased the visibility of the project, sparked discussion around the experiences of technicians, and further promoted the work and impact of the TSIG within the wider CASES community.




TSIG member Erika Pontarollo was recognised at the Irish Sport and Exercise Sciences Association Conference, where she presented her Master's research and received the Student Poster Presentation Award. To celebrate this achievement, we highlighted Erika's success through the TSIG LinkedIn platform, showcasing both her research excellence and the valuable contributions technicians make beyond their day-to-day roles.

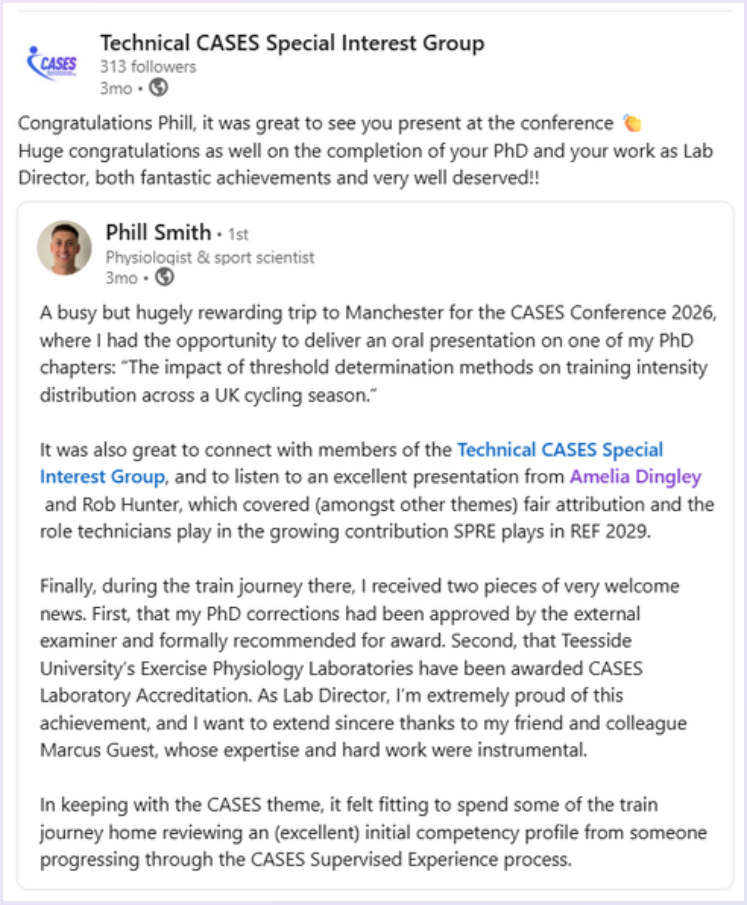
Erika completed this work alongside her technical position, demonstrating the breadth of expertise, commitment and professional development taking place within our technical community.







Created a TSIG promotional handout for distribution via the CASES information desk and at TSIG events. The handout highlights the achievements and ongoing work of the group, increases awareness of technician-focused initiatives, and supports member recruitment and engagement with TSIG activities and development opportunities.




We also highlighted Phil's achievements through our LinkedIn page, recognising his commitment to completing a PhD alongside his technical role. Phill's journey reflects a broader trend emerging across the profession, with increasing numbers of technicians progressing into leadership positions, including Laboratory Director roles. By showcasing examples such as Phill's, we aim to raise awareness of the diverse career pathways available to technicians and celebrate the significant contributions they make to research, teaching and laboratory management.

**June-August 2026**
Launch of CASES Technical Skills Workshops. After a successful bid with TSN ROKS, TSIG received £5,500 of funding to enable the technical skills workshops.

Two successful events were held at Edinburgh Napier University and Oxford Brookes University where over 50 technicians in total came together to develop their technical skills with two main suppliers - Cranlea and Qualisys.

The funds were used to put on free events for technicians to attend. The funds covered the venue costs, catering, and travel bursaries.





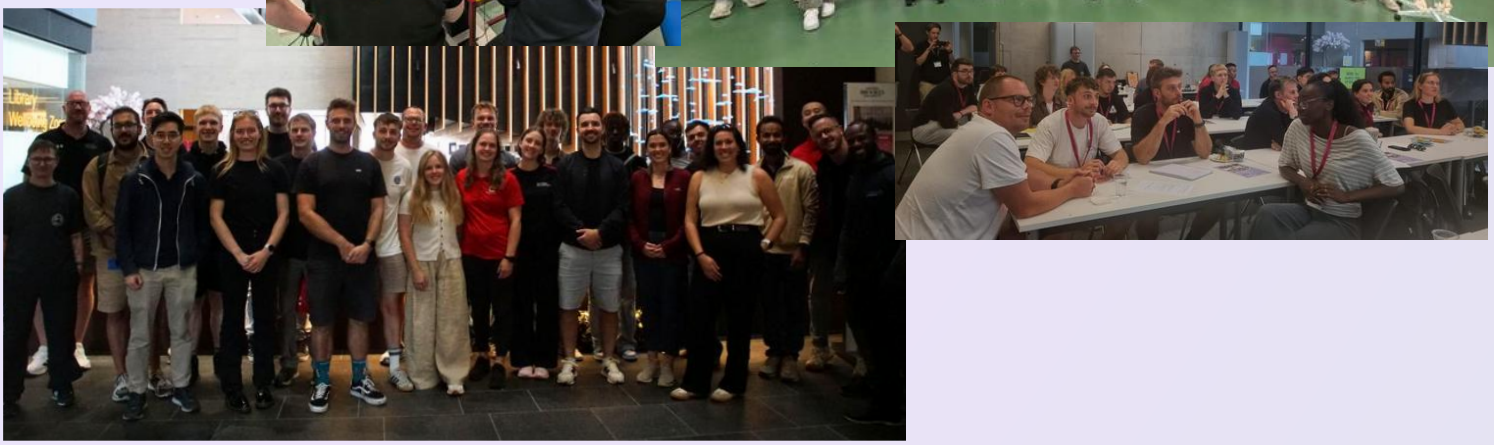





Article on CASES website

**June 2026:** Delegates at Edinburgh Napier University





**August 2026:** Delegates at Oxford Brookes University



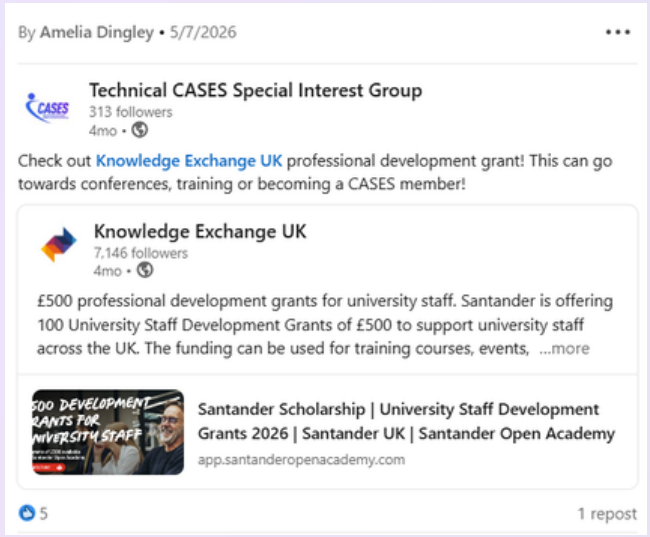

**July 2026**

Launch of the planning group for the Technical Summit 2027, building on the success and momentum of the inaugural event. With the planning team established and the venue confirmed, work is now underway on event delivery, programme development, and funding bids. Our aim is to keep the event free to attend and provide travel bursaries to improve accessibility and inclusion across the technical community.

The summit will move to a two-day format, with Day 1 focused on presentations, networking, and sharing best practice, and Day 2 dedicated to hands-on technical skills workshops delivered in partnership with suppliers. As a biennial event, the summit will continue to provide a platform for collaboration, professional development, and the advancement of technical excellence across the sector.

**July 2026**

CASES TSIG promoting funding routes for professional development.



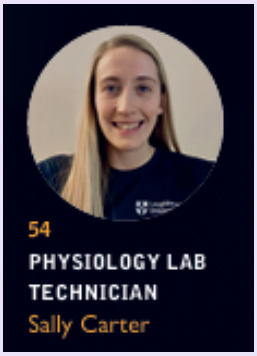




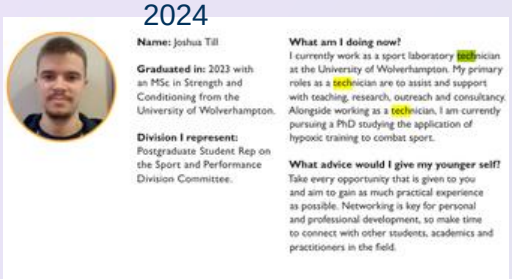
CASES Career Guide 2026

**August 2026**

Inclusion of technician career profiles and case studies within the CASES Sport, Health and Exercise Sciences Career Guide, including the 2024 and 2026 editions. The 2024 technical profile was visible to members only, whereas the full 2026 version is open to all, increasing visibility of technical roles.




CASES Career Guide 2024



**September 2026**
CASES submitted two nominations to THE Outstanding Technician of the Year Awards, one of which was shortlisted.




03 SEP 2026 | 3:30 PM
ANNOUNCEMENT

## Outstanding Technician of the Year 2026 shortlist announced

Eight technical professionals from UK universities and research institutions have been shortlisted for the Times Higher Education Award Outstanding Technician of the Year Award 2026.

**Amelia Dingley, Brunel University of London**
As founder of the Chartered Association of Sport and Exercise Sciences (CASES) Technical Special Interest Group (TSIG), Amelia has moved technician representation within CASES from formally non-existent to nationally recognised and strategically embedded in less than two years. Within Brunel, her high-quality teaching has demonstrably improved student outcomes, and she has played a transformative role in strengthening the University's technical community as co-leader of the technical staff network.




**September 2026**
Launch of the 2026-27 TSIG Technician Development Programme, providing a dedicated schedule of professional development opportunities tailored to technicians working within sport, health and exercise sciences. The programme includes a blend of in-person events, technical skills workshops, networking opportunities, and online webinars designed to support career development, knowledge sharing, and technical excellence across the sector.

We are also committed to making our in-person events as accessible as possible, with the aim of offering free attendance wherever feasible, alongside travel bursaries to support participation from across the community.

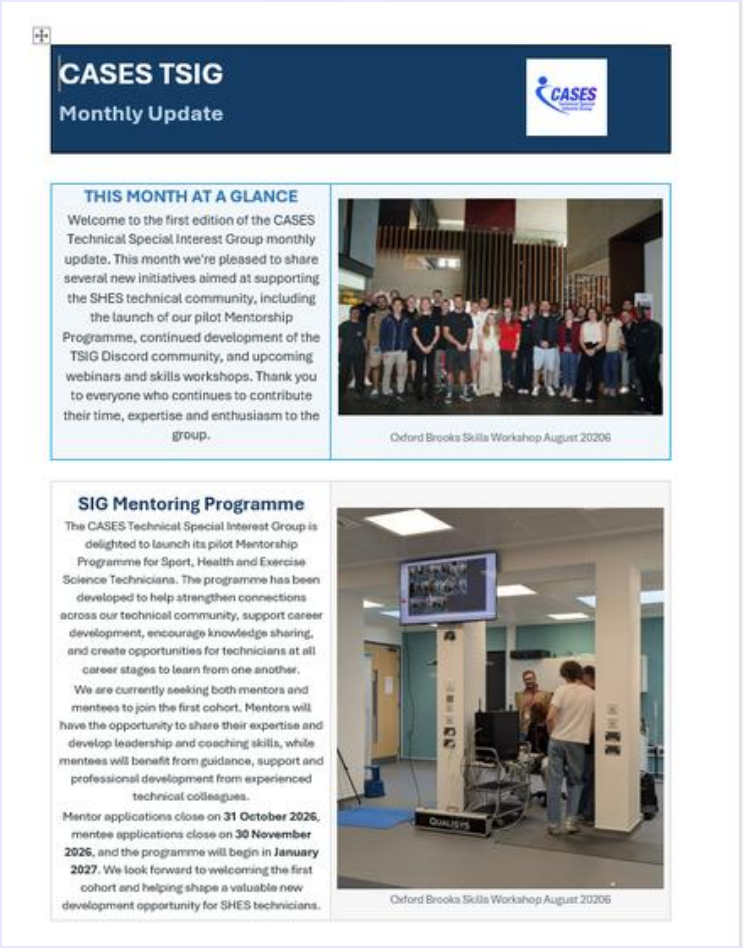



**September 2026**
Building on its inaugural inclusion, the Technical Special Interest Group (TSIG) was again featured in the CASES Annual Report and Financial Statements 2025-2026, reflecting the group's continued growth and impact across the sport, health and exercise sciences community.

The report highlighted TSIG activities alongside evidence of increased recognition of technical colleagues across the Association, with technicians also referenced within the Degree Accreditation Working Group, the newly established Division of Teaching and Learning Enhancement, Science Council professional registration initiatives, and the introduction of technical membership pathways.

This broader visibility demonstrates the increasing integration and influence of technicians within CASES' strategic and professional development activities.

**October 2026**
Launch of CASES Technical Special Interest Group newsletter. Whilst we previously sent periodic emails to our mailing list, we have now launched a structured monthly newsletter that will provide updates on our activities and upcoming opportunities.



CASES TSIG
Monthly Update

THIS MONTH AT A GLANCE

Welcome to the first edition of the CASES Technical Special Interest Group monthly update. This month we're pleased to share several new initiatives aimed at supporting the SHES technical community, including the launch of our pilot Mentorship Programme, continued development of the TSIG Discord community, and upcoming webinars and skills workshops. Thank you to everyone who continues to contribute their time, expertise and enthusiasm to the group.

Oxford Brooks Skills Workshop August 20206

SIG Mentoring Programme

The CASES Technical Special Interest Group is delighted to launch its pilot Mentorship Programme for Sport, Health and Exercise Science Technicians. The programme has been developed to help strengthen connections across our technical community, support career development, encourage knowledge sharing, and create opportunities for technicians at all career stages to learn from one another.

We are currently seeking both mentors and mentees to join the first cohort. Mentors will have the opportunity to share their expertise and develop leadership and coaching skills, while mentees will benefit from guidance, support and professional development from experienced technical colleagues.

Mentor applications close on **31 October 2026**, mentee applications close on **30 November 2026**, and the programme will begin in **January 2027**. We look forward to welcoming the first cohort and helping shape a valuable new development opportunity for SHES technicians.

Oxford Brooks Skills Workshop August 20206



Apply here now or contact Tom Reeves for more information.

NEWS & UPDATES

A new online discussion forum for SHES technicians is being developed by the TSIG. Led by Dan Hill (University of Salford) with support from Tom Reeve (Oxford Brookes University), the Discord community will provide a space for networking, knowledge exchange, troubleshooting, discussion and sharing good practice across the sector.

Join the community and help shape this new technician-led resource.

Webinars

My Green Laboratory Programme and Accreditation: Sustainable Practices in Sport and Exercise Sciences Laboratories
**28th October 2026**
Sign up via CASES website

Applying for Professional Recognition: Science Council & HEA Fellowship
**18th November 2026**

DATES FOR YOUR DIARY

8th January 2027 — Skills Workshop at University of Brighton
January 2027 – Effective Laboratory Management Webinar
March 2028 – Extreme Environments: Technician's Role in Acclimation Webinar

SAVE THE DATE

**CASES TSIG Technical Summit 2027**

We're delighted to announce that the next CASES TSIG Technical Summit will take place on **26-27 May 2027 at Leeds Beckett University**.

The summit will bring together technicians from across the SHES sector for keynote presentations, community updates, technical innovation showcases, good practice discussions, networking opportunities and the popular Battle of the Techs competition. New for 2027, the programme will also include a series of small-group practical workshops, providing hands-on learning opportunities delivered by technical specialists and industry partners.

Further details and registration information will be shared in the coming months.

**October 2026**
Launch of the CASES Technical Special Interest Group (TSIG) Mentoring Programme, a pilot initiative designed specifically for technicians working in sport, health and exercise sciences. The 12-month programme will initially support three mentors and three mentees through a structured framework, including development resources and ongoing support. Following a successful pilot, we hope to secure CASES funding to expand the programme, with potential financial support for conference attendance and visits to mentors' home institutions.



Technician Commitment

**CASES Technician Mentorship Programme**

Are you a sport, health and/or exercise science technician looking to expand your skills, knowledge and behaviours to progress your career?

Would you like to specialise in a certain area of expertise?

CASES technical special interest group is launching a new technician mentorship programme aimed specially at technicians who work within sport, health, and exercise sciences.

This programme is open to technicians at any career stage (early to senior) who are looking to broaden their knowledge, skills and behaviours as a technician.

If you are interested and would like to know more, please contact us: enquiries@cases.org.uk



Technical CASES Special Interest Group
Verify with Premium
313 followers

**October 2026**
The TSIG LinkedIn network has grown to more than 300 connections, strengthening external engagement, increasing the visibility of technical professionals, and providing a platform to share opportunities, achievements, and best practice across the sector.

**Acknowledgements**
The Chartered Association of Sport and Exercise Sciences (CASES) has been a strong advocate for the recognition, development and advancement of technicians working across sport, health and exercise sciences. Through its support of the Technical Special Interest Group (TSIG), CASES has helped create opportunities for technicians to connect, develop professionally, share best practice and contribute to the wider profession. This portfolio reflects the collective efforts of many individuals and organisations who have supported this journey. While it is not possible to acknowledge everyone who has contributed, we would like to extend our sincere thanks to those listed below for their guidance, advocacy, collaboration and commitment to strengthening and championing the technical community.

**CASES**
We are particularly grateful for the support of:

- Professor Zoe Knowles, Chair of CASES
- Ian Wilson, Director of CASES
- Jane Gillott, Sue Watson, Jane Bairstow, Alex Windwood, Lucy Davies and Mubusheerah Shaikh, CASES Administrative Team
- Dr John Fernandes, Dr Tori Sprung and Dr Sanjoy Deb, CASES Mentoring Programme (2024-2025)
- The CASES Board and Fellows

**TSIG Advisory Group**
We would like to acknowledge the dedication and expertise of the TSIG Advisory Group, whose members have led and supported activities across a range of priority areas:

- Ashley Bagley (career development)
- Amelia Dingley (co-chair)
- Dr Romain Denis (conflict resolution)
- Dr David Green (lab quality assurance)
- Neil Guthrie (career development)
- Daniel Hill (visibility)
- Molly Hodges (career development)
- Dr Robert Hunter (fair attribution)
- Siobhan Laing (recognition)
- Billy Norton (visibility)
- Ash Osborne (co-chair)
- Erika Pontarollo (career development)
- Thomas Reeves (visibility)
- Alishia Rockson (career development)
- Dr Ryan Stewart (recognition)
- Finlay Wright (career development)

**Partners and Supporters**
We are also grateful to the organisations and networks that have supported our work through collaboration, sponsorship, professional development opportunities and shared advocacy for the technical community:

- Cosmed
- Cranlea Human Performance
- Delsys
- Fisher Scientific
- GMT
- Higher Education Academy
- NTDC
- Qualisys
- Science Council
- Summit Medical & Scientific
- Technician Commitment

CASES
The Chartered Association of Sport and Exercise Sciences

Technician Commitment

CASES
Technical Special Interest Group